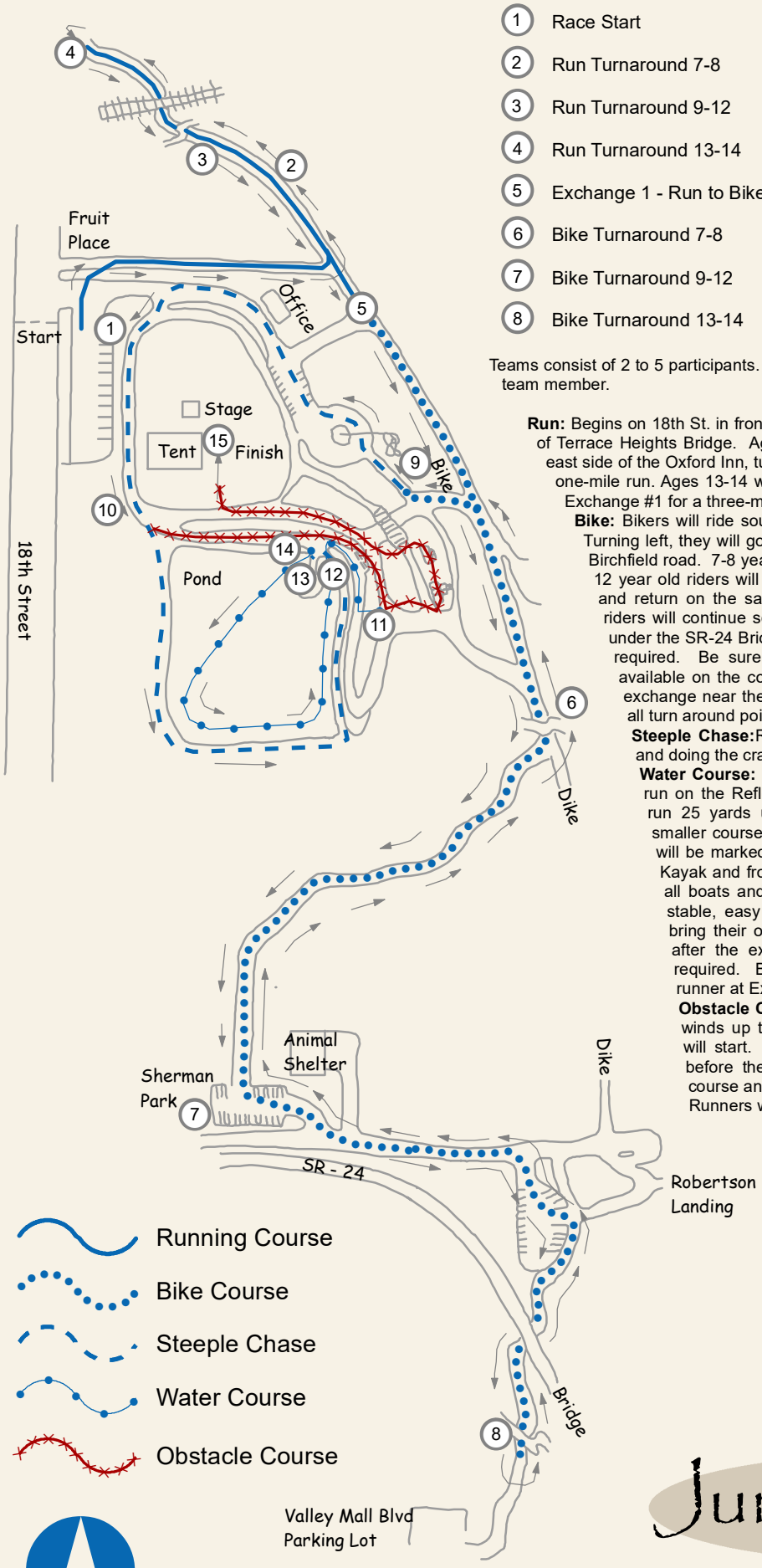

1. Race Start
2. Run Turnaround 7-8
3. Run Turnaround 9-12
4. Run Turnaround 13-14
5. Exchange 1 - Run to Bike
6. Bike Turnaround 7-8
7. Bike Turnaround 9-12
8. Bike Turnaround 13-14
9. Exchange 2 - Bike to Steeple Chase
10. Exchange 3 - 7-8 Steeple Chase to Obstacle
11. Exchange 3 - Steeple Chase to Boat 9-14
12. Begin Water Course 9-14
13. End Water Course 9-14
14. Exchange 4-Boat to Obstacle Course 9-14
15. Race Finish Line - All

Teams consist of 2 to 5 participants. Age group determined by age on race day and the oldest team member.

Run: Begins on 18th St. in front of Sarg Hubbard Park. 7-8 will turn around on north side of Terrace Heights Bridge. Ages 9-12 will run north on Yakima Greenway path to the east side of the Oxford Inn, turn, and return to Exchange #1 in Sarg Hubbard Park for a one-mile run. Ages 13-14 will run to a point just past the railroad trestle and back to Exchange #1 for a three-mile run. Runners must stay to the right on pathway.

Bike: Bikers will ride south on the path through Sherman park to the parking lot. Turning left, they will go to the entry to the parking lot, turn right then turn left on Birchfield road. 7-8 year olds will turn around at the south end of the levy. The 9-12 year old riders will go to the Sherman Park parking lot, where they will turn and return on the same course to Sarg Hubbard Park. The 13-14 year old riders will continue south through the parking lot at Robertson Landing, going under the SR-24 Bridge to the 10K turn around point. ANSI approved helmets required. Be sure bikes are equipped with water bottles. Water will be available on the course. Bikers will pass the wristband to the skater at the exchange near the flag pole in Sarg Hubbard Park. Race officials will be at all turn around points to check off arrival at turn.

Steeple Chase: Runners will be going over straw bales, potato sack race and doing the crawl.

Water Course: 7-8 year olds will NOT do water course. The course is run on the Reflection Pond located at Robertson Amphitheatre. Boaters run 25 yards unaided to pick up their vessels. Ages 9-12 circle the smaller course and 13-14 year olds will circle larger course. The course will be marked with buoys. Thanks to generous assistance from Ocean Kayak and from Haney Trucking, the Junior Gap2Gap race will provide all boats and paddles for race participants. The Yak Board is a very stable, easy to paddle, one-person boat. Racers will be required to bring their own Type I or III PFD and the PFD must remain on until after the exchange is complete. ANSI approved helmets are also required. Boaters must pass the wristband to the Obstacle Course runner at Exchange #4.

Obstacle Course: Approximately one-half mile in length, the course winds up the hill in Sarg Hubbard Park where additional obstacles will start. Racers will have the opportunity to pre-view the course before the race on Saturday morning. Ages 7-12 will have one course and 13-14 year olds with have a longer, more difficult course. Runners will get wet.

GAP 2 GAP

Junior Course

City of Yakima - GIS

Revised: 05/16/2017